



Take 5 minutes for your health.

FREE HEALTH CHECKS

Available until 5 July 2026
in the Barmera Club.

No bookings required. Station is open 7 days
a week, during Club opening hours.

Learn your Health Metrics



Blood pressure



Heart rate



Weight & height



BMI & body fat



Type 2 Diabetes risk



Thanks to Department of Primary Industries and Regions,
supported by the South Australian Government's \$117
million Drought Support Package.

**DROUGHT
RESPONSE**



Government
of South Australia



Weight



Body Mass Index



Blood Pressure



Body Fat %



Heart Rate



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DROUGHT RESPONSE



Government of South Australia



FAT FARMERS
RURAL HEALTH INITIATIVE



Weight



Body Mass Index



Blood Pressure



Body Fat %



Heart Rate



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